

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Adelphoi Village-Transitional Youth from General Secure Care-Contingency Contracting
Cohort Total: 17 SPEP ID: 101-T01
Selected Timeframe: Apr. 12, 2013-May 28, 2015
Date(s) of Interview(s): Jan. 6, 2016, May 4, 2016
Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter
Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/ Male and Female (inclusive of a specialty unit with a mental health focus/Female; and Shelter/Male and Female. Treatment is individualized, designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities.

Youth are placed by the courts within one of Adelphoi Village's General Secure Care programs at varied stages of court involvement. This may be the initial out of home placement for a youth or placement here may be upon the court transitioning a youth already in placement to a more restrictive level of care. The average length of stay varies across Adelphoi Village's different program types. The average length of stay for a youth within one of Adelphoi Village's General Secure Care programs falls within the 5 to 6-month range.

Contingency Contracting is made up of three primary components; the individual contract, the individual goal, and the group goal. Youth are required to complete these goals in order to advance in the Level System which is designed to measure and track the progress of various interventions within the program and to identify treatment milestones. With regard to Contingency Contracting, youth earn criteria to advance to the next level by passing a predetermined number of behavioral contracts and weekly goals.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Behavior Management

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service type? Group Counseling

Was the supplemental service provided? Yes Total Points Possible for this Service Type: 30

Total Points Earned: 30 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 6

Points received for Dosage or Number of Hours: 10

Total Points Earned: 16 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

14/14 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

7/14 youth in the cohort are High or Very High YLS Risk Level for a total of 13 points

Total Points Earned: 25 Total Points Possible: 25

Basic SPEP™ Score: 91 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 96% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Contingency Contracting scored a 91 for the Basic Score and a 96% Program Optimization Percentage. It is classified as a Group 4 service; Behavioral Contracting; contingency management with a qualifying supplemental service of Group Counseling. The quality of the service was found to be at a High level. The amount of service provided to the clients was 77% of the recommended targeted weeks of duration and 100% of the recommended target contact hours for this service type. The risk levels of youth admitted to the program were 0% as low risk, 50% as moderate risk and 50% as high risk. Due to the high quality of service delivery, found in both SPEP™ assessments, there are no identified recommendations for performance improvement.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Adelphoi Village-Transitional Youth from Secure to Intensive Supervision Male & Female Group Homes-Contingency Contracting

Cohort Total: 19/18

SPEP ID: 101-T02

Selected Timeframe: Jul. 1, 2015 - Jul. 1 2017

Date(s) of Interview(s): Jun. 23, 2017 & Jul. 20, 2017

Lead County & SPEP Team Representatives: Bill Holt, Allegheny County & Shawn Peck, EPISCenter

Person Preparing Report: Bill Shultz & Shawn Peck

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Adelphoi Village provides various types and levels of residential treatment programs for male and female youth across Pennsylvania. Types of treatment include: General Secure Care/Male and Female; Secure Care for Sex Offenders/Male; Independent Living Group Homes/Male; Drug and Alcohol Group Home/Male; Intensive Supervision Group Homes/Male and Female (inclusive of a specialty unit with a mental health focus/Female); and Shelter/Male and Female. Treatment is individualized and is designed to address a number of criminogenic risk factors, inclusive of anger and aggression issues, poor problem solving, mild to moderate mental health issues, strained family dynamics, and trauma. Adelphoi Village's philosophy is that the cycle of degeneration can be altered in favor of positive growth and success through applying the beliefs and principles of brotherly concern coupled with proven modalities. Youth are placed by the courts within one of Adelphoi Village's General Secure Care and Intensive Supervision Group Homes at varied stages of court involvement. This may be the initial out-of-home placement for a youth or may be upon the court transitioning a youth already in placement, within a more restrictive level of care, to a less restrictive level of care. The average length of stay varies across Adelphoi Village's different program types. Contingency Contracting is made up of three primary components: the individual contract, the individual goal, and the group goal. Upon admission into the program, youth receive their first contract. This is known as an Orientation Contract. The Orientation Contract assists the youth in acclimating to the program; it is typically completed within seven days. Upon completion of the Orientation Contract, youth will have on-going weekly goals for the remainder of their time within the program. Youth are required to complete these goals in order to advance in the Level System which is designed to measure and track the progress of various interventions within the program and to identify treatment milestones. With regard to Contingency Contracting, youth earn criteria to advance to the next level by passing a predetermined number of behavioral contracts and weekly goals. Each youth receives a minimum of two individual contracts per month, but a youth may receive additional contracts if their behavior requires. Each individual contract contains the youth's weekly goals which emphasize behavior along with additional clinical goals for the youth to achieve. Youth will not receive more than one individual contract at one time to provide them sufficient time to complete that contract. Individual contracts last for a minimum of seven days to ensure the youth devotes the time necessary to adequately understand the clinical material.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Behavior Management

Based on the meta-analysis, is there a qualifying supplemental service? Yes

If so, what is the Service type? Remedial Academic Program

Was the supplemental service provided? Yes Total Points Possible for this Service Type: 30

Total Points Earned: 30 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 8

Points received for Dosage or Number of Hours: 8

Total Points Earned: 16 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

17 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 12 points

5 youth in the cohort are High or Very High YLS Risk Level for a total of 8 points

Total Points Earned: 20 Total Points Possible: 25

Basic SPEP™ Score: 86 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 91% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and [Performance Improvement](#)

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Contingency Contracting scored an 86 for the Basic Score and a 91% Program Optimization Percentage. It is classified as a Group 4 service; Behavioral Contracting; Contingency Management service type with a qualifying supplemental service of Remedial Academic Program. The quality of the service was found to be at a High level. For amount of service, 95% of the youth received the recommended targeted weeks of duration and 95% of the youth received the recommended targeted contact hours for this service type. The risk levels of youth admitted to the program were 6% as low risk, 66% as moderate risk, and 28% as high risk. The program could continue to improve its capacity for recidivism reduction through:

1. Regarding Amount of Service:

- a. Improve communication with the Juvenile Probation Departments that use this service on the research supported amount of service that should be provided for this service type.

2. Risk Level of Youth Served:

- a. Improve communication with the Juvenile Probation Departments that use this service to better match research recommendations for the Level of Risk; there are larger positive effects on recidivism with high risk juveniles.